Use 12ft poles for trot serpentine

Measure lope over poles, 6ft, 24ft, 6ft (1 stride, 4 stride, 1 stride in designated pattern)

KEY

Use 12ft poles for trot serpentine

22 inches between walk over poles

8ft x 8ft box

6ft lope overs

3ft trot over poles

bridge
1. Walk into box, Turn 360 degree turn to the right
2. Walk out of box over poles as shown
3. Walk over bridge as shown
4. Pattern Complete
NOVICE YOUTH, NOVICE AMATEUR, GREEN TRAIL
1. Walk into box, turn 360 degrees either direction and walk out
2. Walk over poles as shown
3. Walk over bridge
4. Lope left lead over poles as shown
5. Jog serpentine over poles as shown
6. Lope right lead over poles
7. Jog over poles to exit
1. Walk into box, 360 Degree turn either direction, walk out
2. Walk over poles as shown
3. Walk over bridge
4. Jog serpentine over poles as shown
5. Jog over first set of poles
6. Jog over second set of pole and jog to exit
1. Walk into box, 360 Degree turn to the right, walk out
2. Walk over poles as shown
3. Walk over bridge
4. Jog serpentine over poles as shown
5. Jog over first set of poles
6. Jog over second set of pole and jog to exit